

## ***Announcing a Special Personal-Work Workshop for Psychotherapists***

### **ABOUT OUR WORKSHOP LEADERS**



We are pleased to welcome back David and Caroline Brazier to Redding. As psychotherapists and practicing Buddhists, for years they have been training British and American psychotherapists in Buddhist Psychology and its clinical applications. Books include *Zen Therapy and Feeling Buddha* by David and *Buddhism on the Couch* and *The Other Buddhism* by Caroline. More information on their and work in both Buddhism and psychotherapy can be found at: <http://www.amidatrust.com/>

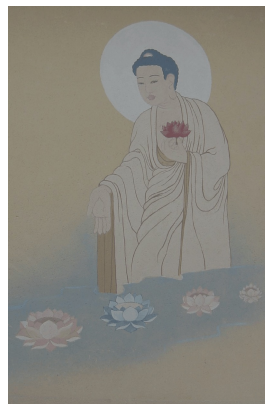
Caroline and David will be leading a special workshop for psychotherapists and psychotherapists in training who want to do personal work within the context of their Buddhist approach to psychotherapy. This workshop is limited to eight participants and will be held:

**Friday, January 9<sup>th</sup>, from 9-3 p.m.**

Cost: \$80

This will include a vegetarian lunch. We will be meeting at the home of Greg and Terry Helbick-White, two clinical psychologists in Redding. Directions will be sent to those who register. For more information call Dr. Gregory White, 243-2439.

Please fill out the registration information on the next page and send it to the address shown.



REGISTRATION FOR THE PERSONAL-WORK WORKSHOP  
*With Caroline and David Brazier*

January 9, 20089 – 3 P.M.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Phone # \_\_\_\_\_

Practicing psychotherapist     Student     Mental health intern  
 Other related professional field: \_\_\_\_\_

- Familiar with Buddhist concepts     Have used Buddhist approaches in psychotherapy  
 Not familiar with Buddhist concepts     Have attended a workshop with the Braziers before  
 Have a personal spiritual practice that informs my work as a psychotherapist

**Make checks for \$80 payable to: Dr. Terry Helbick**

**Mail to: 1246 East Street, Redding, CA 96001**

Registrants canceling up to 72 hours before the workshop will receive a refund less a \$25.00 administrative fee. No refund for less than 72 hours cancellation. A \$25.00 service charge applies to each returned check.